

# General Population Quarantine Guidance

## What to do when you are identified as a Close Contact

If you are experiencing  
any symptoms during  
the 10 days,

**IMMEDIATELY ISOLATE** at  
home and get tested as  
soon as possible.



[bhsj.org/coronavirus](https://bhsj.org/coronavirus)

*Individuals should monitor for symptoms throughout quarantine period (days 1-10).  
Day "0" is the last date of close contact with a COVID-19 positive person.*

### NO QUARANTINE IF:

- You are fully vaccinated and have received a booster
- You completed the primary vaccination series more than 2 weeks ago, but not yet eligible for a booster.
- Tested positive for COVID-19 in the past 90 days.

### ACTIONS TO TAKE:

- Wear a well fitted mask around others for 10 days.
- Monitor for symptoms
- Get tested on or after day 5, if positive or symptoms develop, begin ISOLATION

### NEED TO QUARANTINE IF:

- You are not fully vaccinated with a booster dose
- Had your last primary dose less than 2 weeks ago
- Are un-vaccinated

### ACTIONS TO TAKE:

- Quarantine for **AT LEAST 5** days.
- Wear a well fitted mask around others for 10 days.
- Monitor for symptoms.
- Get tested on or after day 5, if positive or symptoms develop, begin ISOLATION.
- If you must go out, keep to **ESSENTIAL** tasks only.

Persons who test positive for COVID-19 should isolate at home for 5 full days after symptom onset ( or 5 days after the positive test if they do not have symptoms). Isolation can end and the person can return to community activities on day 6 if they have no symptoms and can wear a surgical, KN95 or N95 mask for 5 additional days.