COVID-19 Isolation and Quarantine Guidance
Updated by CDC on 12/29/2021

If you test positive for COVID-19 (Isolation)

Everyone, regardless of vaccination status.
- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves.

If you were exposed to someone with COVID-19 (Quarantine)

If you:
- Have been boosted
- OR
- Completed the primary series of Pfizer or Moderna vaccine within the last 6 months
- OR
- Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms get a test and stay home.

If you:
- Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted
- OR
- Completed the primary series of J&J over 2 months ago and are not boosted
- OR
- Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can’t quarantine you must wear a mask for 10 days.
- Test on day 5, if possible.
- If you develop symptoms get a test and stay home

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Source: https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html