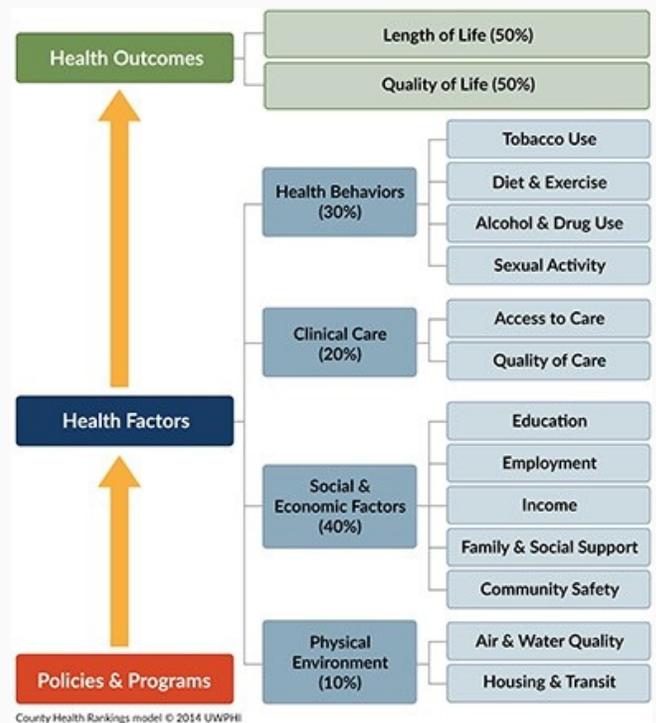# HEALTH IN ALL POLICIES

WHAT IS HEALTH?

We all have our own definition of what health is. However health is defined, a variety of factors determine how long and how well we live (County Health Rankings Model). For some, the essential elements of a healthy life are readily available; for others, opportunities for healthy choices are severely limited.

County Health Rankings model © 2014 UWPHI

Places Where we:
- **Live**
- **Learn**
- **Work**
- **Play**

Factors that affect us in those places:
- **Social**
- **Economic**
- **Political**

WHAT IS PUBLIC HEALTH?

Public health refers to what we do as a society to collectively assure the **conditions** in which people can be healthy. These conditions include both the places where we live, learn, work and play, and the social, economic and political factors that affect us in those places.

WHAT IS HEALTH IN ALL POLICIES?

A health in all policies (HiAP) approach will be critical to addressing the current and future health challenges facing the populations served by the State of Michigan governmental agencies.

The public health challenges of the 21st Century are extremely complex, and solutions will require actions that bring together partners across policy areas and sectors.

- HiAP is a way to operationalize the understanding that health is affected by mulitiple sectors of our society and those sectors all have a role to play in helping people get and stay healthy.
- HiAP takes a collaborative approach to improving health by incorporating health considerations into decision-making across sectors and policy areas.
- At its core, HiAP addresses the societal conditions that are the key drivers of health outcomes and health inequities.

TRAINING PLAN

The Michigan Public Health Advisory Council (PHAC) recommends that key staff from each State of Michigan governmental agency are trained in the basics of HiAP during the 2019 calendar year as a step toward institutionalizing HiAP in all State of Michigan agencies. In the first phase of this process, the PHAC membership will undergo a two-hour HiAP training to build HiAP knowledge and become familiar with available HiAP resources, which will subsequently be relayed to state departments throughout the 2019 calendar year.