

Are your kids drinking alcohol at summer parties? Are you sure?

Ask the tough questions

- Monitor your kids by asking who, what, and where?
- Make sure to stay connected by communicating with the parent or chaperone at any gathering your kids might attend without you.
- Set a “no alcohol” before age 21 rule in your household and be sure to ask teen party hosts to enforce that boundary.



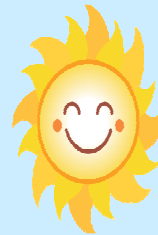
Tips for Parents

- Let your kids know that drinking alcohol before age 21 can lead to serious health and safety consequences.
- Help your kids practice different ways to say “no” to alcohol and other drugs when with their peers.
- Design an “escape plan” with your kids so that they can leave a party if they feel unsafe for any reason.
- Host an alcohol and drug free party for your kids and their friends. Be sure to provide: parent supervision, fun food, music, and include activities they enjoy like dancing or water balloon games!



**HELPFUL WEBSITES
FOR PARENTS**
drugfree.org
parenting.org
abovetheinfluence.com
theantidrug.com
parentingisprevention.org
drugfreeamerica.org

GET INVOLVED!



Smart Fact

Over 80% of parents **strongly** support 21 as the legal drinking age.

Smart Summer is proudly brought to you by:

Branch County Substance Abuse Task Force

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website: bhsj.org/SATF