

## The Branch-Hillsdale-St. Joseph Community Health Agency says, **Adult Vaccines Protect You, Your Family and Community**



### Remember these important facts:

- **Protection is not forever** – Some vaccines protect for a short time - even years, but not your whole life. Examples are tetanus, diphtheria & pertussis (whooping cough) vaccines.
- **The virus changes** – the virus can change enough that you will no longer be protected against disease. Influenza is a perfect example. You need a flu vaccine every year.
- **Greater chance of getting a disease** – As people get older, their immune systems weakens and it becomes easier to get diseases like shingles and pneumococcus.

Many vaccines for adults are available at little or no cost for a limited time through the Branch-Hillsdale-St. Joseph Community Health Agency.

- Tetanus, diphtheria, pertussis (Tdap/Td)
- Measles, mumps, rubella (MMR)
- Varicella, also known as chickenpox
- Pneumococcal or Pneumonia
- Hepatitis B
- Hepatitis A
- Zoster, also known as shingles (age 60-64)
- Human Papillomavirus (HPV)

For more vaccination information, visit us on the web at [www.bhsj.org](http://www.bhsj.org), or call the Health Department office nearest to you to schedule an appointment.



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